

CERTIFICATE OF PARTICIPATION

This is to certify that

Matthew de la Rey

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:23:25

PACE 06:24/km

GENDER 8 of 79

OVERALL 10 of 149

OPEN 6 of 40

23 June 2019, Sun

Date



BoutTime

Signature

